

## **Planning Fjord Week 2024 from Sat 27.7.24 to Wed 31.7.24**

### **Saturday 27.7. from noon**

#### **MC 03 Seat training with Rolf Grebe**

Rolf Grebe has been co-trainer of the para dressage riders since 2015. As Dirk Mülöt's successor, he supports national coach Bernhard Fliegl in training and educating the young para riders. The master of equine management specialising in equestrian training, breeding and husbandry made his debut at the Mannheim Maimarkt show in 2015. Since completing his apprenticeship in 1989, Rolf Grebe has worked in various clubs and businesses, including the Bayer Leverkusen Riding Club in Cologne.

Grebe has been working as a freelance riding instructor and trainer since 2012 and has been successful in dressage up to Intermediare and show jumping up to medium (M) level on horses he has trained himself.

In addition to his work, he gained several additional qualifications, for example in business management for master horse managers (marketing and business administration) and as an EM movement trainer (Eckart Meyners).

Cost: €45 for 45 minutes of lessons, on 27 July for up to 6 participants,  
on 28 July for up to 8 participants

#### **MC 07 Introductory course TREC with Joachim Lefèvre**

Joachim Lefèvre will introduce you to TREC riding as an instructor, judge, judge trainer and long-standing organiser of TREC events.

Costs: per participant 30,- Euro

#### **MC 16 Physio/Ostheo for horses with Solveigh Hübner**

Solveigh Hübner is a qualified equine therapist specialising in physiotherapy, osteopathy and training. She specialises in the holistic view of the horse as a partner and the relationship between humans and animals. She always focusses on the training of horses and their owners according to biomechanical aspects.

Cost : 10,- € per person, up to 3 persons on one horse, maximum 15 persons.

#### **MC 17 Barbecue evening**

We want to have a cosy barbecue evening to get to know each other, please register in advance so that we can shop accordingly, and also express vegetarian wishes.

Payment is made on site

### **Sunday 28.7.**

#### **Seat training with Rolf Grebe**

see MC 03 on Saturday

#### **MC 06 All-round obstacles with Joachim Lefèvre**

Introduction to riding all-round obstacles, also for competitions.

We will work in small groups, the exact number of participants in the groups will be announced later.

Cost: €15 per participant and horse

#### **MC 08 Introduction to the double lunge/long reins with Petra Ohly**

Introduction to handling the double lunge, the horses should walk safely on the single lunge. This is followed by the first steps towards long rein work. 2 units are possible per horse.

Cost: per unit (30 min.) €15

### **MC 10 Anti-shyness training with Jasmin Jentges**

Cost: €15 per horse/handler, work is done in groups of 2 for 30 minutes each, 2 sessions per horse/handler are also possible

### **Monday 29.7.**

#### **MC 02 Dressage course with Rolf Petruschke**

**Rolf Petruschke was head of the State Riding and Driving School in Dillenburg for several years before working as a vocational school teacher and judge for dressage up to medium (M) level and show jumping up to advanced (S) level.**

**He currently runs his own practical courses and theoretical lectures for trainers, judges and other interested parties.**

**Rolf Petruschke is known for his enormous theoretical knowledge of horses, which he very successfully incorporates into his practical training.**

Cost: € 60 per 30 min. Time Mon. 8 am - 2 pm

#### **MC 04 Cross-country obstacles (mobile) with Ulrike Große**

2-day cross-country course, includes: - approx. 12 mobile cross-country obstacles are brought along, which can be adapted to the level of the riders - 10 riders can take part, who receive approx. 50 minutes of instruction in groups of 2 - on the first day the individual elements are worked on, on the second day the aspects are taken up again and individually further deepened (up to successful course riding) - it is also possible to ride only one day, but both days are recommended

Cost: €60 per unit and participant

#### **MC 13 Riding unit for riding badge with Stephanie Knebel**

Riding unit of 45 minutes in preparation for the riding badge for adults, for youth camp participants the lessons are given during the camp. The riding unit should can be booked when registering for the badge.

Cost: €15 per unit

#### **MC 05 First aid for the rider with P. Schmidt**

First aid course for the evening programme on 29.7, includes: - approx. 3h duration with a lecturer Peter Schmidt, volunteer in the rescue service, as a shortened version (usually a one-day course of 8h with two lecturers) - special focus on first aid for riders (wound care, recognising injuries, basic measures) - further content: Communication and dealing with the rescue service, fire brigade and vet/veterinary clinic, information on personal protective equipment and useful additional equipment for rides, etc

Cost: 15,-€ per person

### **Tuesday 30.7.**

#### **MC 02 Dressage course with Rolf Petruschke**

see Monday

#### **MC 04 Cross-country obstacles and course jumping Ulrike Große**

see Monday

#### **MC 18 Beach Party**

We want to organise a games evening on the square with a cocktail bar and lots of fun.

Please register so that we can plan.

**Wednesday 31.7.**

**MC 12 Hanger training possibly with a small competition Petra Ohly**

We practise parking with a trailer, if desired also for a period of time with loading of your own pony at the end.

Cost: €5 per driver

**MC 09 Ring riding with Hans Werner Heesch**

Introduction to ring riding with your own pony

Cost: 10,- per participant.

**MC 14 Online breeding show with the youth camp**

The participants in the youth camp offer a video recording for an online breeding show.

A triangle is set up and the horses are then filmed, the youth are certainly happy to help with the presentation of the horses.

Costs by arrangement on site.

**MC 11 Horse viewing with Susanne Petersen**

Introduction to the assessment of the Fjord horse in breeding.

Cost: €10 per person.

**MC 19 Acceptance of riding badges for youth and adults**

Registration by ..... required

Costs: .....

**Bank details:** Please transfer entry fees and accommodation for rider and horse to the following account:

**Interessengemeinschaft Fjordpferd eV.  
Bensberger Bank eG,  
IBAN DE08 3706 2124 0111 6030 90,  
BIC GENODED1BGL,  
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